

Questions to Ask Your Healthcare Team

Print this checklist to bring to your next appointment.

If you've been diagnosed with head and neck cancer, having an open conversation with your doctor is important. Below is a list of questions that may help you learn more about your condition and treatment options. Share this list with anyone accompanying you on your visit.

Questions to ask if you've just been diagnosed:

- What type of head and neck cancer do I have?

Notes: _____

- What kinds of exams should be performed to get the most accurate diagnosis of my head and neck cancer?

Notes: _____

- Has my head and neck cancer spread (metastasized)? How does this change my treatment plan?

Notes: _____

- What is the stage of my head and neck cancer? How does this change my treatment plan?

Notes: _____

- What is the prognosis (outlook) for people with my type of head and neck cancer?

Notes: _____

- Should I get a second opinion before beginning treatment?

Notes: _____

Questions about treatment:

- What are the ways head and neck cancer is treated?

Notes: _____

- Which treatment makes the most sense for me?

Notes: _____

- Please tell me about surgery, radiation therapy, and chemotherapy.

What are the side effects associated with each of these treatments?

Notes: _____

- What are the pros and cons of joining a clinical trial?

Notes: _____

- Do you think it's likely that my treatment will affect my sense of smell or taste?

Notes: _____
